

Small changes,
big differences.



Teen Triple P Discussion Groups

"For anyone who wants to help their child to be the best they can be."

Reducing Family Conflict

Come along and find out:

- Why teenagers are argumentative or aggressive.
- How to teach teenagers to behave more appropriately.
- How to prevent problems and promote family harmony.

This session aims to help you teach your teenager to get along with others in the family without constant fights and arguments.

For parents of children age 11 - 16 years

**Northern Parade Children's Centre, Doyle Avenue, Portsmouth, PO2 9NE
Wednesday 10th May 2017 10.00am - 12:30pm**

To book a place please contact Northern Parade Children's Centre on 023 92660866

For more information please contact Tracy Brooks on 023 92827392