

Plan when to revise

On the following pages you will find two different revision timetables – one for term time (with your hours at school blocked out) and one for holidays. Filling out both will mean you are making the most of your revision time between now and your exams.

To fill out your revision timetable:

- 1) Make a list of all the subjects you need to revise for. For most pupils this will be English, Maths, Science and 3 options.
- 2) **Block out all the things you have to do in red** and have no choice over (chores at home, dinner time, football training etc.). Write in the activities you do at these times.
- 3) **Block out revision times in green**– write in what subject you are planning to revise at that time.
- 4) **Block out the things that you enjoy doing in blue** – spending time with friends, exercise, playing computer games etc.
- 5) Look at your timetable – does the balance between the three colours look right? If not:
 - a. **Too much red time?** Show your parents your timetable and explain you want more time to revise. Would they consider you having a break from chores/work whilst you are focusing on exams?
 - b. **Not enough green time?** Are you spending too much time on chores? Or you spending too much time on fun and not focusing on work?
 - c. **Too much green time?** Are you being realistic? Remember you need to plan in breaks or you will not function at your best.
 - d. **Too much blue time?** Keep focussed on the end prize (obtaining good qualifications for a better future). Can you sacrifice anything for the next 6 months to obtain this?
 - e. **Too little blue time?** It's not a sin to enjoy yourself! Planning in rewards will make your plan more obtainable and easier to stick to.

Revision Timetable (Term Time)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.00-10.00	S	S	S	S	S		
10.00-11.00	C	C	C	C	C		
11.00-12.00	H	H	H	H	H		
12.00-1.00	O	O	O	O	O		
1.00-2.00	O	O	O	O	O		
2.00-3.00	L	L	L	L	L		
3.00-4.00							
4.00-5.00							
5.00-6.00							
6.00-7.00							
7.00-8.00							
8.00-9.00							
9.00-10.00							

Revision Timetable (Holidays)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9.00-10.00							
10.00-11.00							
11.00-12.00							
12.00-1.00							
1.00-2.00							
2.00-3.00							
3.00-4.00							
4.00-5.00							
5.00-6.00							
6.00-7.00							
7.00-8.00							
8.00-9.00							
9.00-10.00							