

Administering Paracetamol

January 2019

Due to new guidelines received from Solent NHS we have reviewed the school's arrangements for Administering Paracetamol.

The school does hold Paracetamol in liquid (Infant) or tablet (500mg) form. However, this will not be administered unless prior written permission has been received from the parent. Permission will be sought on a yearly basis via a parental consent form. If you wish to withdraw this permission during the year, please put this in writing to the Medical Welfare Officer.

If a pupil attend the medical room (seniors) to request paracetamol or if they are in the primary section and speaks to a member of staff about feeling unwell, they will first be encouraged to do one or more of the following

- get some fresh air;
- have a drink;
- something to eat;
- rest in a quiet area;

Paracetamol will only be considered if these actions do not relieve the pain.

Pupils will only be given one dose of paracetamol during a school day and will only be available between the hours of 10.45am and 2pm. Pupils are only allowed a maximum of 3 doses in a term. We will inform you once they reach their three doses.

If your child receives a dose of paracetamol during a school day you will be informed by an Intouch message for senior pupils or a note in the book bag for primary pupils.

If your child wakes up with a headache or in pain, please given them paracetamol at home before sending them into school and inform the medical room (seniors) or teacher (primary) either in person or with a note.

If your child regularly suffers with headache's, please seek medical advice. If they haven't had their eyes tested recently it might be worth taking them to get a free eye test.

If you have any questions about these guidelines, please contact the school.