

PHYSICAL EDUCATION OPTION (FULL COURSE GCSE PE + Double award)

PLEASE CONSULT: Mr S Browning

TITLE OF SYLLABUS: Physical Education

QUALIFICATION: GCSE

GRADE RANGE: 1 - 9

WEIGHTING OF ASSESSMENT:

CONTROLLED ASSESSMENT: 40% practical

EXAMINATION: 60%

PREVIOUS EXAMINATION RESULTS: 2015 – 80% , 2014 – 42%, 2013 – 73%, 2012 – 95%, 2011–70%, 2010–82%

Course Description:

For this course the syllabus will be delivered through a combination of practical and theory lessons. Each unit of theory and practical is assessed on a half termly basis. Students will have to complete a self-analysis in a sport of their choice reflecting on their strengths and weaknesses and how they could improve.

Students will also be practically assessed by participating in their three best sports and a single one and a half hour exam. We cover a wide range of sports in school over the two years and outside sports can be used for assessment.

Double Award

If students demonstrate a high ability in both the practical and theory aspects of the course then they can be entered for the Double Award where they can achieve two GCSEs.

Additional requirements are: a second one and a half hour exam and their best eight sports/activities.

Topics for Study: (range includes)

- Health, fitness and safety;
- Training for sport; Diet and Nutrition;
- Factors affecting individual performance and participation in sport;
- Social and cultural factors; Finance and media in sport;
- School curriculum and careers and pathways in sport.

Homework:

Homework will be given every week. This will be specific to the lesson content and could be written or practical.

Resources and equipment needed:

Full PE kit is required for all practical lessons, this can be purchased from:

Penelope Ann School Wear, 34 – 36 Tangier Road, Copnor, PO3 6JN. Telephone number: 02392 666142.

Personalised GCSE tops can be ordered from the PE department.

Careers and Further Educational Opportunities:

GCSE PE is a very good introduction for students wishing to study sports related courses at college. The content is similar to that of A-level PE and would be ideal for those that wish to study this beyond school.